



## NEWSLETTER - 15<sup>th</sup> June, 2020

Dear volunteers and supporters,

We hope you and your families are well.

We have received some suggestions for improving the layout and legibility of these newsletters and we're always happy to hear from you! This week we've made the font of the newsletter a little larger in answer to a request, and we're currently researching other ways of delivering the newsletter which will make it easier to access.

Meanwhile, here's this week's newsletter, with a library update, information about the activities being offered online while our library is closed and news of national events and reading suggestions which may be of interest.

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### **NORTHFIELDS COMMUNITY LIBRARY UPDATE.**

Trustee meetings are taking place fortnightly in order to keep pace with the ever changing COVID situation and Council plans for reopening the libraries. Last week two of our trustees had a meeting with Ealing Council officers to discuss the implications of the delay in opening our library and the restrictions on what we'll be able to offer once we are allowed to open. We'll give you more details as we have them. If you have any questions do email them to the usual address: [getintouch@northfieldscommunitylibrary.org.uk](mailto:getintouch@northfieldscommunitylibrary.org.uk)

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## WHAT'S HAPPENING IN THE UK THIS WEEK

### 15<sup>th</sup> – 21<sup>st</sup> June: REFUGEE WEEK

Refugee Week is a UK-wide festival celebrating the contributions, creativity and resilience of refugees. Founded in 1998 and held every year around World Refugee Day on the 20 June, Refugee Week is also a growing global movement.

Through a programme of arts, cultural and educational events alongside media and creative campaigns, Refugee Week brings about positive encounters between communities, helping them to connect and learn from each other, and promoting a culture of welcome.

Refugee Week is an umbrella festival, and anyone can get involved by joining an event or activity. Refugee Week events happen in all kinds of different spaces and range from arts festivals, exhibitions, film screenings and museum tours to football tournaments, public talks and activities in schools.

Details of events and activities are on the Refugee Week website – link here.

<https://refugeeweek.org.uk>

### Sunday 21<sup>st</sup> June: MAKE MUSIC DAY

Make Music Day is a global celebration of music, held in 125 countries. This year, as with so many events, the celebration in the UK will be virtual. There are currently 73 different events listed, which will be live streamed and can be viewed on the website: <https://makemusicday.co.uk>

And for anyone who wants to join in, there are lots of activities here:

<https://makemusicday.co.uk/keeping-creative-at-home/>

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## READING SUGGESTIONS

Attached is the Penguin newsletter for June. It includes a reading list for anyone interested to better understand the issue of racial inequality. There's also an exclusive short story by Jojo Moyes and news of the Penguin Reading Challenge for this summer.

<http://penguin-group.msgfocus.com/q/1f5MyBaYko9xy2MTrkK16xE/wv>

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**COMING SOON!**

**THE CAMPFIRE STORYTELLING COLLECTIVE WORKSHOP**

<https://www.campfire-storytelling.co.uk>

The Campfire Storytelling Collective started in Ealing in 2018 with live storytelling nights held in Ealing and Hanwell. In last week's newsletter we talked about the possibility of holding a virtual storytelling night for Northfields Library users.

Prior to the storytelling night itself the Campfire team leaders are offering a workshop in early July for anyone interested in taking part. The aim of the workshop is to help participants to shape their stories and gain confidence in telling them. (The stories are built around a theme, they must be true, and be no longer than 5 minutes.)

Several people have signed up to take part in the workshop – date tbc – and we'd love to have some more of you join us!

Here the team explains a little more about their initiative:

*"The Campfire offers you the chance to tell your story to your community. It offers you the space to listen to the stories of those you live near to but maybe never speak to, It offers you a chance to connect, discover your similarities and explore your differences."*

If you're interested in taking part please email us and title your email **Campfire Storytelling Workshop**. [getintouch@northfieldscommunitylibrary.org.uk](mailto:getintouch@northfieldscommunitylibrary.org.uk)

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**SESSIONS TO JOIN THIS WEEK**

**Here are the regular activities offered to library users and local residents. Numbers of attendees are growing each week, but there's always room for more to join!**

## 1. GUIDED MEDITATION SESSION EVERY THURSDAY

Next session: Thursday 18<sup>th</sup> June at 11:00

Our volunteer Andreea is offering guided mediation sessions every Thursday at 11:00am. Andreea explains her process here:

“Our lives have become so busy that sometimes we can find it hard to slow down, and become aware of what is going on inside us. Guided imagery is a way of exploring your feelings through the use of images. The guided imagery session will start with mindfulness meditation to help you become aware of your body and be more present. We will then slowly step into the imagery where I will guide you into an inner journey.”

More people are joining every week and attendees are finding these 20 minute sessions a peaceful, calming and uplifting experience. Thoroughly recommended if you have time to take a break for a short while and join a session

If you'd like to join us, email [getintouch@northfieldscommunitylibrary.org.uk](mailto:getintouch@northfieldscommunitylibrary.org.uk) and title your email **Guided Meditation**. We'll then send you a link for the session, which will take place on Zoom.

## 2. STORYTIME SESSIONS EVERY WEDNESDAY

Next session: 10:30am Wednesday 17<sup>th</sup> June

Brittany, one of our volunteers, is continuing to provide fantastic Storytime sessions for younger children, ably assisted by her own family! The thirty minute sessions are packed with fun and educational stories and lots of ideas for things to make and do.

The theme of the stories this week is “We’re Going On A Trip” – there are so many places to explore (from the safety of our living rooms!)

The sessions take place on Zoom, so if you would like to join with your child / children please email us at [getintouch@northfieldscommunitylibrary.org.uk](mailto:getintouch@northfieldscommunitylibrary.org.uk) and title your email **Storytime**. You will then be sent a link for the session on Wednesday. We hope your little ones will enjoy the stories and are inspired by the things to do!

### 3. "SINGING WITH GILBERT" FOR BABIES AND TODDLERS 10:30am every Tuesday and Thursday morning during lockdown

"Singing with Gilbert" is a continuing series of online nursery and action rhyme sessions aimed at pre-school age children lasting for about 20 minutes. A growing number of parents and carers are attending these sessions and it's lovely to see the babies and toddlers joining in with the songs and actions.

These sessions are delivered on Zoom, so please email the host Wei Hei Kipling and she will send you the link to join the sessions. Email Wei Hei at [gilbertr.stmarys@gmail.com](mailto:gilbertr.stmarys@gmail.com) and entitle your email "**Singing with Gilbert**". Please add your first name and the number and age of the children who will be with you. If you'd be happy to mention your children's names they might be greeted personally during the session.

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That's all for now – we'd love any suggestions you might have for other topics of interest we could offer virtually as group activities to our volunteers and library users!

Thank you so much for your continuing support, and take care of yourselves and your loved ones.

With best wishes,

Jenny, Tanya, Paul, Alison P, Alison S, Monica and Louisa  
The Northfields Community Library Trustees.

For more information about library developments:

<https://northfieldscommunitylibrary.org.uk>

For offers of help, and any ideas for making our offer even stronger:

[getintouch@northfieldscommunitylibrary.org.uk](mailto:getintouch@northfieldscommunitylibrary.org.uk)